



GENERAL INSTRUCTIONS

LEAVE US PHONE NUMBERS WHERE YOU CAN BE REACHED the afternoon before your surgery and the day of your surgery. There are many factors that may change the time your physician would like you to be at the Surgery Center. The Surgery Center Anesthesiologist will call you the afternoon or evening before your surgery to confirm the final time you need to be at the Center for your surgery – Don't forget to check your cell or home phone. If there is a cancellation or a delay on your day of surgery, we may ask you to come in earlier or later depending on the situation. Please be available to our staff by phone.

DO NOT EAT OR DRINK (this includes water and chewing gum) after midnight the night before surgery unless otherwise directed by your anesthesiologist. Your surgery will be postponed if you ignore this precaution.

BATHE OR SHOWER on the morning of surgery to minimize the risk of infection.

BRUSH YOUR TEETH on the morning of surgery, but DO NOT SWALLOW ANY WATER.

DO NOT CONSUME ALCOHOL 24 HOURS PRIOR TO YOUR SURGERY. REFRAIN FROM SMOKING 12 HOURS PRIOR TO YOUR SURGERY. These substances can cause you to have adverse reactions to anesthesia and medication.

WEAR LOOSE COMFORTABLE CLOTHING and shoes.

LEAVE JEWELRY AND VALUABLES AT HOME (Do bring your insurance card, credit card and government issued photo identification such as a driver license).

REMOVE CONTACT LENSES AND ALL MAKE-UP BEFORE ARRIVAL.

HEALTH CHANGES should be reported immediately to your surgeon, even if the changes seem minor, such as fever, cough, rash, or a cold. Please notify your physician if there is a possibility that you are pregnant or are trying to become pregnant.

BRING ANY AND ALL PAPERWORK your physician may have given you regarding your surgery.

ARRANGE FOR A RESPONSIBLE ADULT TO DRIVE YOU HOME AND STAY WITH YOU FOR THE FIRST 24 HOURS FOLLOWING SURGERY. For most, the effects of anesthesia and sedation will make you drowsy for that period of time.

PLEASE MAKE OTHER ARRANGEMENTS FOR CHILDREN not having surgery.

PEDIATRIC PATIENTS should have two adults available to take them home – one adult to drive and one to attend to the recovering child. We encourage you to bring his/her favorite toy for extra comfort. Children may be brought in wearing their pajamas. Please bring an empty bottle or “sippy” cup if your child cannot drink from a cup.

ARRIVE ON TIME so that your surgery may begin as scheduled.