

It is very important that you understand all the instructions below regarding your child's dental surgery. If you have any questions or concerns, please do not hesitate to ask.

Postoperative Instructions

- Post operative instructions will be reviewed with you prior to your child's discharge.
- These instructions usually include no straw usage, no hard food or gummy or sticky substances as it can pull the caps off of the teeth.
- You should progress your child's diet slowly to ensure they can tolerate what they are eating- anesthesia sometimes affects patient's stomachs adversely.
- Make sure you wash your child's teeth and mouth with a soft cloth frequently to keep them clean and begin brushing as soon as tolerated.

Activity

- Anesthesia and pain medicines can make your child dizzy and sleepy. He/she must be closely monitored by a responsible adult for at least twenty-four hours to prevent injuries.
- It is important that you limit their activities for the next twenty-four hours.
- No running, jumping, climbing, or other active play.
- Encourage quiet play. For example, video games, television, board games, and coloring books.

Diet

- Make sure your child drinks lots of fluids. Water is best.
- Offer soft foods for the next two days. Foods such as yogurt, bananas, pudding, eggs, and applesauce.
- Do not give anything that is sticky, crunchy or hard to chew for at least two days.
- If your child vomits after eating (throws up), stop offering solid food for a few hours and only offer liquids.

Care of teeth

- If your child has had extractions (teeth pulled), follow instructions below.
- You may begin brushing your child's teeth with a new, soft toothbrush today. Gently rinse teeth afterwards.

Extractions

- If your child has had any teeth pulled, do not use straws, sippy cups, bottles, or pacifiers for at least two days.
- Do not brush the teeth next to the extraction site for the first twenty-four hours.

- Bleeding after extractions is normal for several days. If you believe it is excessive, please call the dental office.

Pain control

- Your child may have some pain after dental surgery. You may give acetaminophen (Children's Tylenol) or ibuprofen (Children's Motrin/Advil) according to the label directions.
- Your dentist may have written a prescription for pain medicine. Please use only as directed.
- If pain is severe or medication is not relieving the pain, please call the dental office.

Appointment

- Please call your dental office to schedule an appointment within two weeks of your child's surgery.
- Please notify your dental office if unable to keep the scheduled appointment.

When to call for medical advice

- If your child has any of the following, call his/her physician or go to your local Emergency Room:
 - Persistent nausea and vomiting (throwing up, can't keep liquids down)
 - Fever over 100 degrees or any fever with chills
 - Extreme swelling (face or body)
 - Difficulty breathing
 - Uncontrolled or severe pain